



CDCC Potty Training Policy

As a NYS mandated regulation by the Department Of Health your child must have a diaper, pull-ups, or underwear on at all times. CDCC staff will work on potty training after the parent has worked on potty training at home. Day to day communication between both parents and care givers is vitally important.

- Please be aware that readiness for toilet training requires only two things, but they must occur together:
 1. Physiological ability to control bladder and/or bowel movements
 2. Desire on the part of the child
- CDCC staff will begin potty training no earlier than 18 months of age. A child's nerves and muscles that control bowel and bladder functions do not mature until between 18 to 24 months of age.
- CDCC staff will **NEVER** put a child on the potty unless the child is willing.
- Please be aware that accidents will happen please provide at least 3 sets of extra clothing and a pair of shoes.
- Due to Health Regulations CDCC staff **cannot** wash out soiled clothing. The staff is required to put them in a plastic bag for you to take home and wash.
- When your child begins the training process please send them to daycare with loose fitting clothing he/she can manage independently such as elastic waist pants that are easy to pull on and off.
- The child will be encouraged to use the potty every 30 minutes.
- CDCC requires a diaper, pull-up or vinyl training pants to be worn during napping.

I have read and understand CDCC'S Potty Training Policy

(Parent's Signature)

(Date)

(Director's Signature)

(Date)

Additional Resources On Potty Learning:

- Please feel free to ask any CDCC staff member if they have any additional potty training materials

- **For Parents:**

Toilet Learning , By Alison Mack, Little Brown, 1978

Toilet Learning, A Practical Guide To Daytime and Nighttime Training By Vicki Lansky, Bantam Books

What To Expect The Toddler Years , By A. Eisenberg, H. Murkoff and S. Hathaway

BabyCenter.com

- **Resources Books For Children:**

Going to the Potty, By Mr. Rogers' Neighborhood, G.P Putnam's Sons, 1986

Koko Bear's New Potty, By Vicki Lansky, Practical Printing

Once Upon a Potty, By Aloha Frankel, Barron's Press

Canton Daycare Center, Inc
Potty Training Questionnaire

Please answer the following questions to help CDCC staff with the Potty Training Process.

1. Does your child have to be asked to potty? Yes No _____

2. Does your child need someone to sit with them while potty training?
 Yes No _____

3. What language do you use regarding potty training? _____

4. Does your child have both regular bm's and urination? Yes No

5. Does your child use pull-ups or underwear? _____

6. Can your child pull their pants, pull-ups and underwear down? Yes No

7. Do you have a reward system at home? Yes No _____

8. Does your child have any fears, or anxiety they exhibit in the bathroom?
 Yes No _____

9. Does your child get rashes easily? Yes No _____

10. What does your child use to wipe with? _____

11. Does your child need assistance wiping? Yes No _____

12. What do you do at naptime? _____

13. For little boys; do they sit or stand? _____

14. Additional Info _____

Readiness Signs of Potty Training:

Please use the checklist below to measure your toddlers progress toward toilet readiness and keep in mind that starting before your child is ready doesn't mean you'll finish sooner it's likely that the process will end up taking longer.

1. Does your child stay dry for an hour or two at a stretch during the day and occasionally wakes up dry from naps? Yes No
2. Does your child have regular bowel movements? Yes No
3. Does your child show awareness that they are going to have a bowel movement or pee? Yes No
4. Does you child show the ability to communicate needs and following simple directions. Yes No
5. Does your child show an interest in wearing underpants instead of diapers? Yes No
6. Does your child show the ability to do simple self dressing skills?
 Yes No
7. Urinates a fair amount at one time? Yes No
8. Dislikes the feeling of wearing a wet or solid diaper? Yes No
9. Shows interests in other's bathroom habits? Yes No
10. Demonstrates the desire for independence? Yes No
11. Takes pride in accomplishments? Yes No
12. Isn't resistant to learning how to potty? Yes No